# **Communications Styles**

### Individualist

- Silence means absence of communication or "Silence means consent"
- > Emotions PDE
- » Body language -Eye contact means respect and sincerity
- Proximity means Intimacy
- > Silence means respectful listening

Collectivist

- > Emotions stoic, no PDE
- » Body language > Eye contact means
- disrespect and challenge > Proximity means seriousness of intentions
- Meetings and Decision-Making

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# Individualist - equality, low context/long time-orientation

- Plan purpose and agenda
- Time-bound
- Clear rules of order or process of participation
- Everyone is encouraged to .
- speak
- · Open discussion and debate Decision is made

#### harmony and good relations Establish and maintain face · Elders/status speak first · Young members may not

Collectivist – hierarchy, high context, short-term time orientation

Establish and maintain

- speak at all and will not contradict
- Group caucus used to raise issues and questions and to make decisions Spokesperson speaks for
- group so decision is group voice

## **Respectful Communication** (Eric Law)



- R take RESPONSIBILITY for what you say and feel, speak with words others can hear and understand
- E use EMPATHETIC listening , not just to words said but also feelings being expressed, non-verbal language including silence
- S be SENSITIVE to differences in communication styles
- P PONDER on what you hear and feel before you speak
- E . EXAMINE your own assumptions and perceptions
- C . keep CONFIDENTIALITY
- T . TRUST the process because we are NOT here to debate who is right or wrong but to experience true dialogue.

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